



# *The Stages of Performance*

Which stage of performance are YOU?

KNOW THIS IS ULTIMATELY AN INFINITE GAME!;

But it is helpful to know which stage you are at on your journey. You will go through a variety of these levels to become a Conscious Performer (and have the potential to become a “Golden” & Powerful Conscious Creator) but there is no prescription as to how long this will take. Each level could take years, weeks or days. These levels are not set in stone, and sometimes we functional. This intention of this document was to inform and free you—not to limit you.

Following the tables you will led through the Cycle of Creation. There is space for you to jot down any insights that come to mind and the action steps you can assist you in moving to the next stage.

Finally, there is a section to share your feedback and insights! This is a Living Document that will evolve over time by you taking two minutes to share what you learned and what you would add!

<b>The Stage of Performance:</b>	UNCONSCIOUS INCOMPETENT I am studying or training for any job.
<b>To reach this stage:</b>	Be eager and willing to learn. Apply for College or start acquiring specialized skills.
<b>How to move to the <i>next</i> Stage:</b>	Stop “learning” and start applying. Gain knowledge from practical application in the real world.
<b>How to remain at this level:</b>	By only going to the sources of knowledge and inspiration, but never making time to put them in action.
<b>The Stage of Performance:</b>	UNCONSCIOUS COMPETENT I have started a new position or embarked on a new professional journey.
<b>To reach this stage:</b>	I have some sort of plan, and one or two years in a new field. Able to get the job done but I still struggle every step of the way.
<b>How to move to the <i>next</i> Stage:</b>	Defining clear plans of attack, develop skills and strengths, and practice staying committed to long term growth.
<b>How to remain at this level:</b>	Not consistent with definite plans. Always looking for the “hack” instead of the practicing the slow, long-term principles of success.

<p><b>The Stage of Performance:</b></p>	<p>UNCONSCIOUS PROFICIENT I can execute on plans, get results, and achieve career success or drive positive cash flow for my business.</p>
<p><b>To reach this stage:</b></p>	<p>Knows how to apply principles for success to chosen field or business. Understands the general laws of business and can get things done.</p>
<p><b>How to move to the <i>next</i> Stage:</b></p>	<p>Uncover your unconscious patterns. Develop new ways of seeing yourself and the world you live in. Discover your true purpose and align them with your life's passions.</p>
<p><b>How to remain at this level:</b></p>	<p>I put my attention on achieving more extrinsic success (money, power, fame) compared to looking inside. I choose to ignore my subconscious patterns because I do not want to “lose my edge” as productive performer.</p>

<p><b>The Stage of Performance:</b></p>	<p>CONSCIOUS INCOMPETENT I did the self healing work, but I do not have the drive or proper understanding of how to share my gifts with the world.</p>
<p><b>To reach this stage:</b></p>	<p>Eagerness to learn and learn about all aspects of oneself. Does some form of trans-personal work, whether by working with a therapist, deep introspection, or having a life or spiritual mentor.</p>
<p><b>How to move to the <i>next</i> Stage:</b></p>	<p>Choose a long term goals and start to commit to the Cycle of Creation (Clarity, Commitment, Action, Reflection)</p>
<p><b>How to remain at this level:</b></p>	<p>Never creating a plan of attack and always going with the flow. Having negative beliefs around accumulating money. Not understanding how to apply the principled for long-term success.</p>

<p><b>The Stage of Performance:</b></p>	<p>CONSCIOUS COMPETENT I am aware of my self sabotaging tendencies or unconscious patterns. I am also capable of some form of initial success in my chosen field or business.</p>
<p><b>To reach this stage:</b></p>	<p>I have the awareness but lack the expertise of putting things into practice. I know how to execute on plans and can achieve some form of desired results. I no longer run from my unconscious fears but instead choose to reflect and bring them to the light.</p>
<p><b>How to move to the <i>next</i> Stage:</b></p>	<p>Practice. Practice. Practice. At this point it is all about clear goals, and clear plans to achieve them! Do not waiver and continue to get reps of experience in.</p>
<p><b>How to remain at this level:</b></p>	<p>I lack understanding of True Commitment or lack the consistent application of the Principles of Success.</p>

<p><b>The Stage of Performance:</b></p>	<p>CONSCIOUS PROFICIENT I am fully aware of my unconscious patterns and have the tools and resources to redirect them. I can apply the principles of success, and already have achieved material and spiritual success in multiple categories or businesses.</p>
<p><b>To reach this stage:</b></p>	<p>Master the Art of Natural Success: Remember that success is exponential. Take risks. Plays the long game. And know when to quit.</p>
<p><b>How to move to the <i>next</i> Stage:</b></p>	<p>Understand the Rhythms of Nature (and the Universe). Practices the ability to access powers from the Above, and integrate embody insights into daily life. Gives space for their creations to allow the intelligence of the universe to work through them.</p>
<p><b>How to remain at this level:</b></p>	<p>Not acquiring knowledge of Ancient Mystery Schools or Mystical Texts that have stood the test of Time.</p>

<b>The Stage of Performance:</b>	<b>“GOLDEN” CONSCIOUS CREATOR</b> The Master of Life and Creation.
<b>To reach this stage:</b>	Master the Finite Game and Understands the Laws of the Infinite Game. Is connected to Source in a deep, profound way. Understands how to bend Reality and Matter to one’s own intentions. A Master of Life that explores the Above and resides in the Below.
<b>How to move to the <i>next</i> Stage:</b>	<i>(if you know, you know...)</i>
<b>How to remain at this level:</b>	N/A



CLARITY: Which stage do I resonate the most with?

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COMMITMENT: Why am I committed to reaching the next level of Performance?

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ACTION: What's one tiny step I will take based on the insights I discovered?

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REFLECTION: What do I see differently?

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## *Bonus*

Share Your Insights & Feedback!

Help make this document the best it can be!  
It is intended to be Living Document, that evolves with your thoughts and opinions. Copy the link below to share your insights:

<https://goldenlife.typeform.com/7stagesfeedback>